

Community Healing Network, Inc.



Building a Grassroots Movement  
for the Emotional Emancipation  
of Black People



The Association of  
**BLACK PSYCHOLOGISTS**

# EMOTIONAL EMANCIPATION CIRCLES

Grass roots, community form of within group healing developed by  
Association of Black Psychologists

&

Community Healing Network

# RATIONALE FOR OUR WORK: OVERCOMING THE LIE

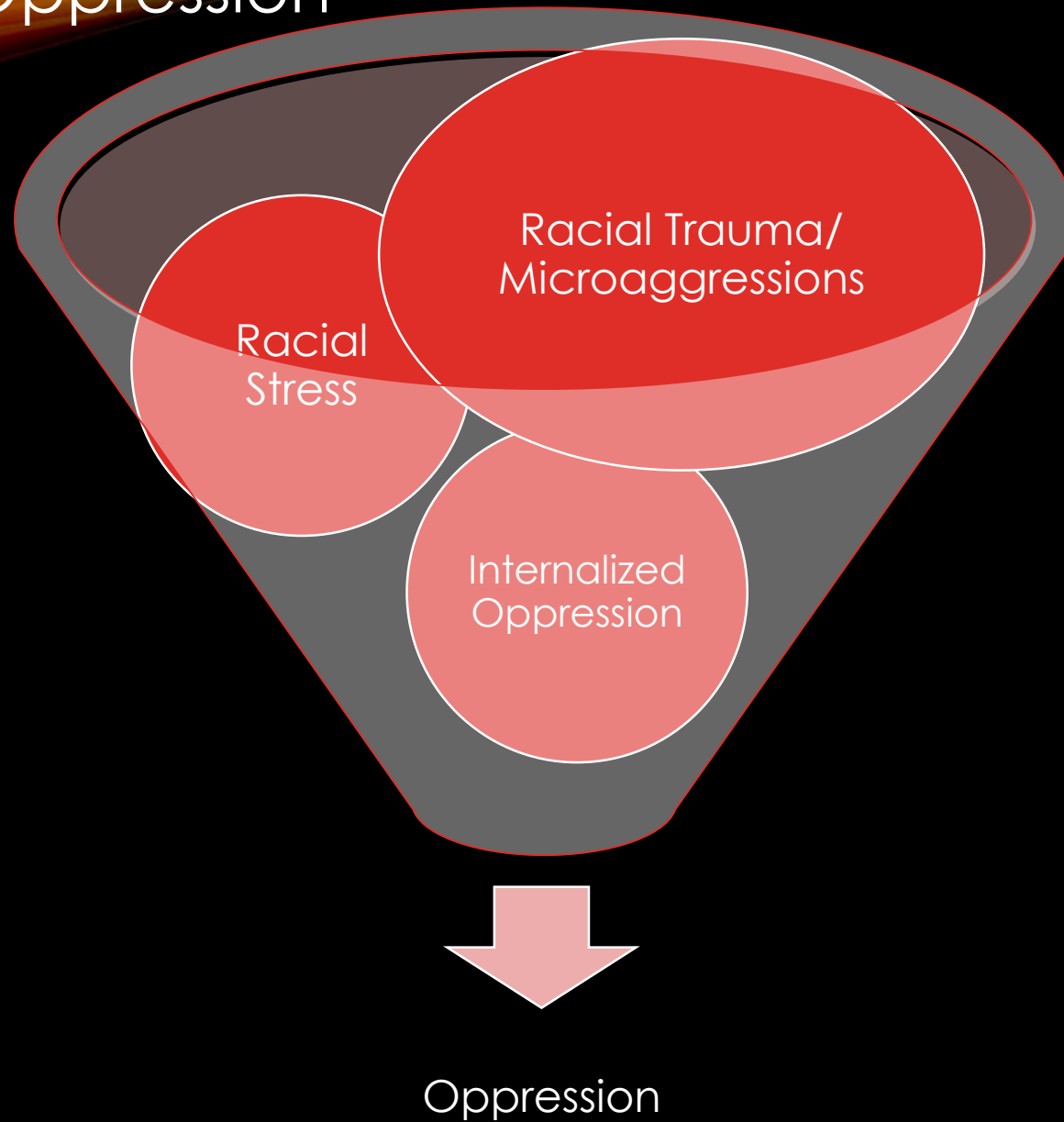
- The LIE of Black inferiority – Used to justify the enslavement and subjugation of African people for centuries – that is very much still with us
- Rebuilding the community safety net
- To reverse these negative trends, Black people must engage in the struggle for what Dr. Martin Luther King, Jr. called “psychological freedom,”

## SLAVERY; ENSLAVED; BUILDING



Undoing 345 years of psychological slavery wont happen in 51

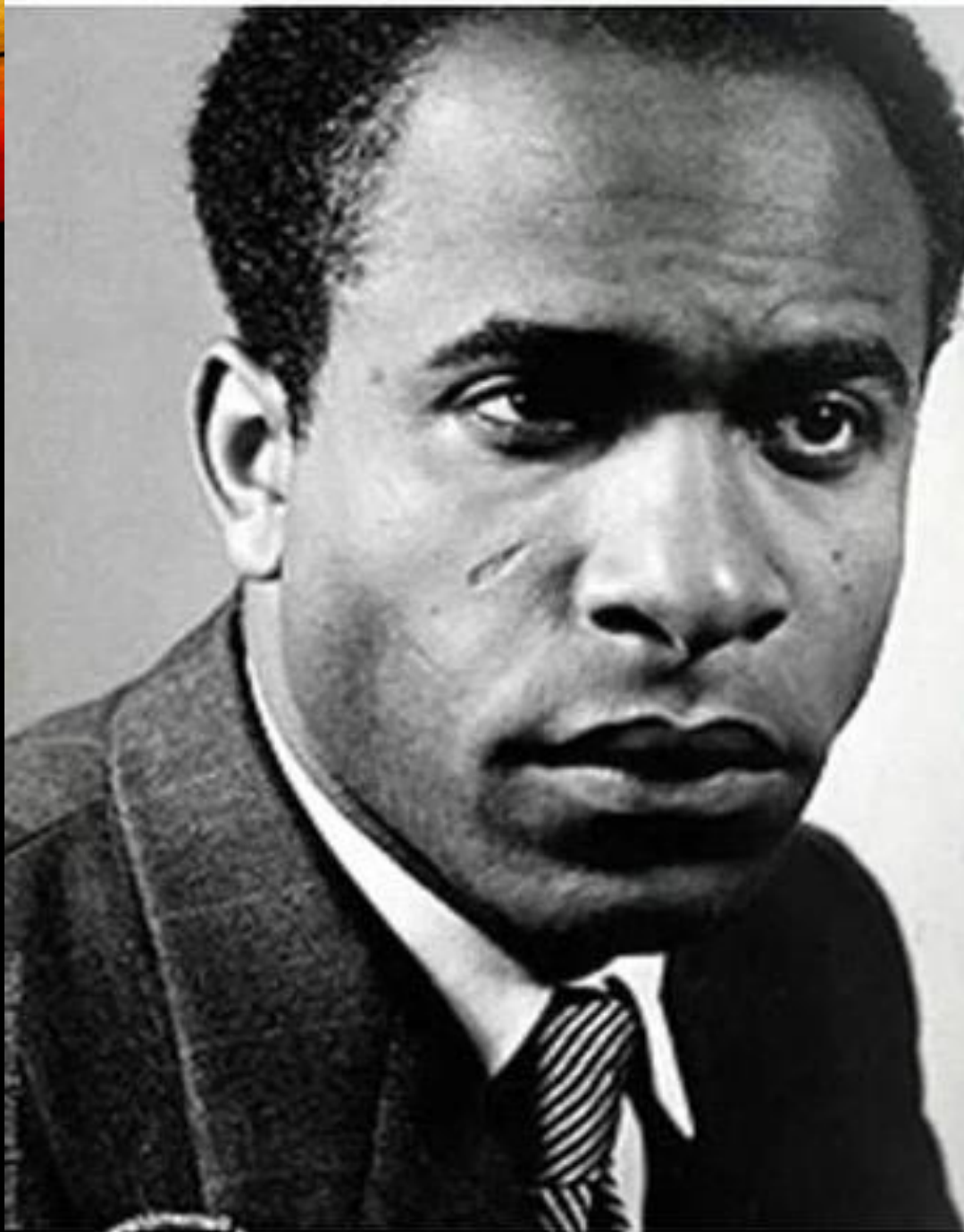
# Formula for Black Oppression





“If you make a man feel that he is inferior, you do not have to compel him to accept an inferior status, for he will seek it himself.”

- Dr. Carter G. Woodson



**"We revolt  
simply because,  
for many  
reasons, we can  
no longer  
breathe." --**

**Frantz Fanon**

(July 20, 1925 – Dec. 6, 1961)

# HOW DO WE COUNTER OPPRESSION TO PROMOTE HEALING?

- Correct the misinformation and negative racial narrative
- Reclaim our African cultural heritage
- Learn the lessons from our collective history
- Never apologize for or allow dismissal of Africa
- Regain our voice advocating for full participation in all aspects of global society

I CAN ENVISION, MY COMMUNITY NO LONGER HURTING, LOST, AND FRAGMENTED.... NO LONGER WALKING WITHOUT THE FULL TRUTH....WE WILL COME TO LEARN AND KNOW THAT OUR RICH HERITAGE DID NOT DIE WITH OUR ANCESTORS ON THE FLOOR OF THE ATLANTIC OCEAN... - DR. MARVA ROBINSON

Jason de Caires Taylor



# THE OUTCOMES OF EMOTIONAL EMANCIPATION

- Essential public health goal
  - implications for mental and physical health, civic engagement, public safety, economic productivity, educational attainment, resilient neighborhoods, quality of life and more.



Jason de Caires Taylor



New York, NY

Los Angeles, CA

Tuskegee, AL

New Haven, CT

United  
Kingdom

Cuba

Brazil

Ghana

And in 12/14  
St. Louis, MO

# CONTACT US!

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